

ATMA RAM SANATAN DHARMA COLLEGE

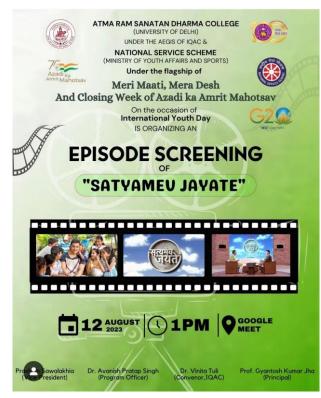
(UNIVERSITY OF DELHI)

EPISODE SCREENING ON NATIONAL YOUTH DAY

On 12th August, 2023, on the occasion of National Youth Day, NSS ARSD, under the aegis of IQAC, ARSD organised a screening of an episode from 'Satyamev Jayate' which narrated the story of Dr. Kaushal Rawar, a scholar of Sanskrit, who is also a writer, homemaker, social worker and teacher in DU. There were 36 participants in total.

Her story revolved around the difficulties that came in her way because of belonging to the Dalit community. Then the episode talked about Balwant Singh, an IAS officer from Uttar Pradesh, who faced the problem of untouchability despite having cleared UPSC. The episode thus, collectively discussed the untouchability problem in the society and the warriors who fought and made their path.





MAUN YATRA ON PARTITION HORRORS REMEMBRANCE DAY

NSS ARSD participated in a Maun Yatra collaborating with the college administration, on the occasion of 'Partition Horrors Remembrance Day' and quoted "MERI MAATI MERA DESH", on 14th August, 2023. The march took place in the college premises itself, where all 22 participants walked silently for about 500 metres, depicting the dissatisfaction for the division that took place long ago.



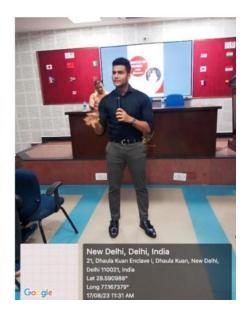


'MANTRA OF SUCCESS' UPSC SEMINAR

The "Mantra of Success' UPSC Seminar was organized by NSS ARSD, under the aegis of IQAC, ARSD on 17th August, 2023, with the primary objective of spreading awareness about UPSC preparation on things like how to deal with failures in the UPSC journey as well as the importance of staying positive and motivated. The seminar proved to be a resounding success in achieving its objectives. The seminar featured Mr. Shubham Agarwal, an IPS officer as the speaker. It was an interactive session, and an engaging discussion which ensured maximum engagement and knowledge dissemination.







SEMINAR ON INDIA'S G20 PRESIDENCY

NSS ARSD, under the aegis of IQAC, ARSD organized a seminar on "India's G20 Presidency" in collaboration with Vedanta: Hindi Debating Society and Nimbus: English Debating Society of ARSD College on 21st August, 2023. The guest speaker was Mrs. Reeva Ganguli Das who is an Indian Civil Servant belonging to the Indian Foreign Ministry. The seminar started with an introduction and was followed by a speech on G20 Presidency by our eminent guest. Students interacted with our guest through a Q&A session and the seminar came to an end with the National Anthem. The seminar was attended by about 100 people.





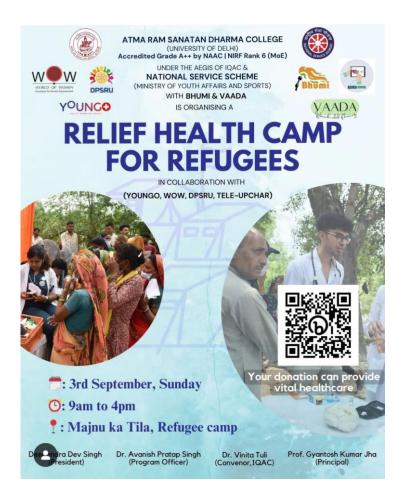




RELIEF HEALTH CAMP FOR RFUGEES

On September 3rd, 2023, NSS ARSD, under the aegis of IQAC, ARSD organized a Relief Health Camp in Majnu ka Tila Refugee Camp, in collaboration with Bhumi, Vaada, Youngo, WOW, DPSRU, and Tele-Upchar. A comprehensive health check-up was provided to all refugees, ensuring that their basic health needs were addressed. The medical volunteers and professionals from Tele-Upchar worked tirelessly to ensure that every individual received the necessary medical attention.

The event was attended by about 50 people, including 10 NSS volunteers, and went beyond healthcare by distributing stationery to the children in the camp. The collaborative effort of the NSS unit, NGOs, and partner organizations exemplified the power of unity in addressing the pressing needs of refugees.







ORPHANAGE VISIT UNDER NSS WEEK

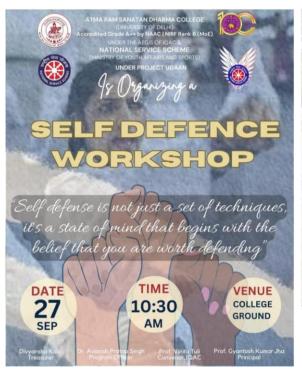
NSS ARSD, under the aegis of IQAC, ARSD organized a donation drive for the kids of Aarya Gurukul, Tihar Village, on 30th September 2023, i.e. the last day of our NSS week to donate books, clothes as well as some money, all of which we collected over the entire NSS week by setting up a donation box in our college, so as to contribute to making the living conditions of these orphanage children better. The 29 volunteers who attended who joined this visit played games (like musical chair, steal the handkerchief) sang songs etc. with the kids. This visit taught us that family isn't formed by blood, but with mutual love and respect.



SELF DEFENCE WORKSHOP UNDER NSS WEEK

On September 27th, 2023, NSS ARSD, under the aegis of IQAC, ARSD and in collaboration with School of Self Defence, organized a self defence workshop in the college campus for girls, as a part of NSS week. The event was organised under project Udaan which aimed at spreading awareness among girls about their surroundings and to be prepared for the unexpected at any time.

The 47 participating volunteers were taught tricks on how to avoid the stressful situation altogether if possible, followed by some techniques to block the opponent's blows and defending oneself when stuck in a vulnerable situation. All the participants were made to practice the techniques with other participants. It was a very informative and successful session and the response for this event was great.



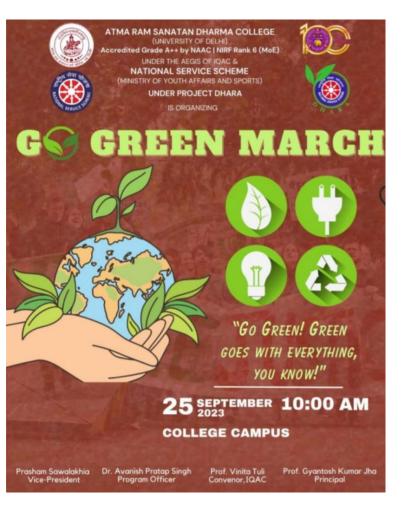


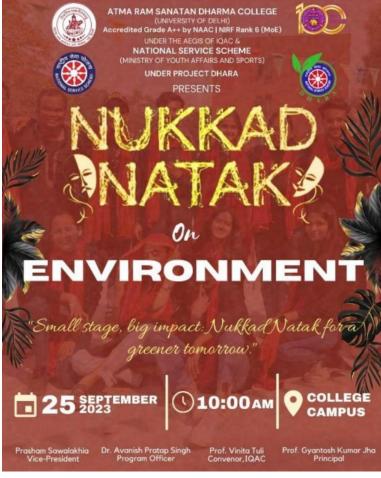




GO GREEN MARCH & NUKKAD NATAK ON ENVIRONMENT UNDER NSS WEEK

On 25th September, 2023, i.e. the 2nd day of NSS Week, NSS ARSD, under the aegis of IQAC, ARSD organized a "GO GREEN MARCH" under PROJECT DHARA, in the college campus. The march was organized to raise awareness among the students to become a part of change. Throughout the march, NSS volunteers raised different slogans and held placards and posters. The march was followed by a Nukkad Natak on 'ENVIRONMENT' which aimed at raising awareness about pressing environmental issues and its importance. All 87 volunteers, who attended the event pledged to bring changes wherever possible and take steps towards creating a better and clean environment. The play successfully ended with a loud applause from the audience and NSS claps by the NSS volunteers.









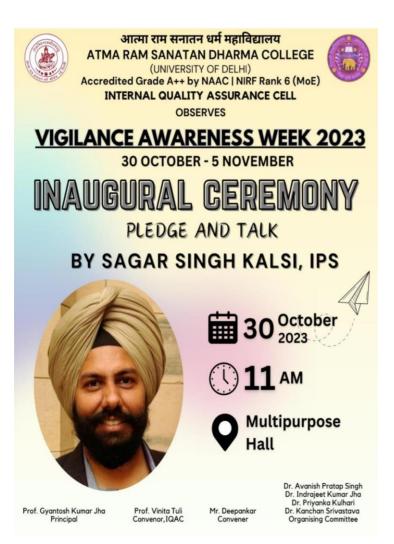




INAUGURAL CEREMONY OF VIGILANCE AWARENESS WEEK

Atma Ram Sanatan Dharma College organized a corruption awareness program in the college campus under the Vigilance Awareness Week, on 30th October, 2023, in which NSS ARSD took an active part. A total of 90 volunteers attended the event where they were addressed by IPS officer Sagar Singh Kalsi during the inaugural ceremony for Vigilance Awareness Week which was followed by everyone taking a pledge for Integrity.

The motive behind the program is to aim for a corruption free India. Our guest pointed out many important aspects of corruption and explained how it can be eradicated from our system and administration. He also talked about various laws like IPC, CRPC, & POCA with help of which action can be taken against corrupt people. He further mentioned many cases that happened in past for the purpose of giving examples. The audience participated actively and assured of taking positive steps, thus making efforts for making corruption free India.

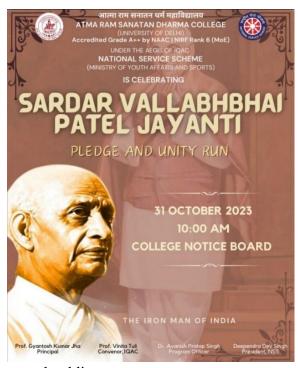






NATIONAL UNITY DAY

On October 31st, 2023, NSS ARSD organized a pledge-cum-unity run in the college campus to commemorate the birth anniversary of Sardar Vallabhbhai Patel which is celebrated every year as National Unity Day. The volunteers took a pledge together and then did a unity run throughout the college. This was followed by a cleanliness drive around the college campus, aimed at promoting cleanliness in and around the college campus, building enthusiasm in the volunteers about cleanliness. A total of 43 volunteers joined the event and cleaned the streets



and public areas.



















