

### 1. Meri Maati Mera Desh ( 15TH Aug ):

On Independence Day MAC NSS organized The *Meri Maati Mera Desh* event. Our Principal and Chief Guest Meena Naiyyar were present. The NCC parade was followed by music and dance. Following the oath , the flag hoisting and the national anthem added to the feeling of national pride.

### 2. REPORT ON SLOGAN WRITING COMPETITION:

MAC NSS held an **Online Slogan Writing Competition** on **27th August 2023**. The theme, Entrepreneurship, featured cash prizes. Participants crafted concise, powerful entries in Hindi or English, fostering communication skills.

### 3. REPORT ON POSTER-MAKING COMPETITION:

MAC NSS hosted a *Poster Making Competition* on **28th August 2023**, themed on Entrepreneurship. Open to all college students, the event promoted originality and witnessed diverse artistic expressions.

### 4. NSS Day celebration and Poetry competition:



On **26th September 2023**, MAC NSS concluded its annual *NSS Day celebration*. The highlight was an Inter-college Bilingual *Poetry Competition*. Participants shared self-written poems on society, country, or youth, creating a memorable and enriching experience.

### 5. Electoral Literacy Club:



The Electoral Literacy Club powered by MAC NSS conducted its *orientation* successfully on **26th September 2023** at College Conference Hall. Participants engage in comprehensive discussions on various topics.

#### 6. Cleanliness campaign:





MAC NSS saw the culmination of a successful *Cleanness Drive* in collaboration with G-वन Environmental Club on **1st October 2023**, in honor of Mahatma Gandhi's birth anniversary. Participants contribute to a Mega Cleanness drive, with a commitment to a cleaner, greener future.

#### 7. NSS Orientation:



MAC NSS organized an *orientation* on **4th October 2023** at 2:00 PM in the Auditorium. Geared towards new members, the event offered a journey of service, leadership, and personal growth.

#### 8. Workshop on self-care and emotional growth:





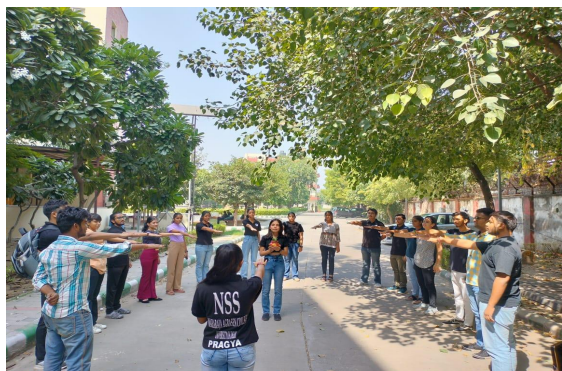
MAC NSS hosted an Expressive Art Therapy workshop on **6th October 2023**. Focused on "**SELF-CARE AND EMOTIONAL GROWTH**," the event started at 12:30 PM. Participants engaged in creative expression to enhance emotional well-being.

### 9. Open talk sessions:

The Women Development Cell of Maharaja Agrasen College, in collaboration with MAC NSS and G-वन, presented two insightful *talk sessions* on **11th October 2023**. Dr. Kanika Sharma discussed cancer awareness while Professor Rita Singh explored environmental influences on youth neural networks at noon.



### 10. Plantation drive on account of the Meri Maati Mera Desh campaign:



MAC NSS organized a Rally and Plantation Drive on account of the *Meri Maati Mera Desh Campaign* on **13th October 2023** from noon onwards. The NSS volunteers gathered near the admin area and planted saplings in small pots. The Rally ended with an oath.

#### 11. Report on fatty liver awareness session:



A *Fatty Liver awareness session* was organized by MAC NSS on **30th October 2023** in association with ILBS.

The campaign reached a diverse audience, providing crucial information about fatty liver causes, risks, and lifestyle modifications.

#### 12. Report on CPR workshop:



A *CPR workshop* was organized by NSS in association with DDMA ( Delhi Disaster Management Authority ) on **30th October 2023**. Attendees gained hands-on experience, fostering a deeper understanding of life-saving techniques.

#### 13. Rashtriya Ekta Diwas:



On the occasion of *Rashtriya Ekta Diwas*, **31st October 2023** MAC NSS organized the Sardar Patel Memorial Lecture. Volunteers also conducted a pledge ceremony.

**14. MMMD (Kartavya path):**



MAC NSS had participated in the *Meri Maati Mera Desh* campaign on **31st October 2023** at Kartavya Path, New Delhi. Volunteers witnessed the culmination of MMMD and the closing ceremony of Azadi Ka Amrit Mahotsav.