



NATIONAL SERVICE SCHEME
JESUS AND MARY COLLEGE
UNIVERSITY OF DELHI



Programme Officer

Dr. Sugandha Sehgal

Principal

Prof. Sandra Joseph

The **National Service Scheme** at **Jesus and Mary College, University of Delhi** organized a series of events from August to October 2023, engaging students in diverse activities that ranged from social causes to health awareness and cultural celebrations. These events were designed to raise awareness of important social and environmental issues, and to provide students with opportunities to serve their community.

EVENTS-

Indian Organ Donation Day (03.08.2023):

NSS, JMC commenced the series with the celebration of Indian Organ Donation Day, Angdan Mahotsav. Activities included a digital pledge ceremony, a slogan writing competition, and various awareness drives to promote the significance of organ donation.

Workshop on World First Aid Day (11.09.2023):

Collaborating with B.Voc Healthcare Management, NSS organized an offline workshop on World First Aid Day. The workshop, held on campus, saw the active participation of 16 NSS volunteers who learned the basics of first aid and BLS (Basic Life Support).

Hindi Diwas Competition (14.09.2023):

NSS, JMC conducted a Poem Writing Competition on Hindi Diwas, focusing on the diversity, history, culture, and tradition of the Hindi language. The competition was open to all JMC students, and entries were collected online through a Google form.

Swachhta Hi Sewa (15.09.2023):

An online quiz on the 3 R's (reuse, reduce, and recycle) was organized to promote cleanliness and environmental awareness among volunteers.

Group Discussion on International Democracy Day (15.09.2023):

NSS facilitated a group discussion across JMC to gauge students' knowledge and opinions on democracy. The event was conducted offline and later shared on NSS Instagram.

Swachhta Hi Seva (17.09.2023 - 02.10.2023):

Several activities were conducted under the Swachhta Hi Seva campaign, including cleanliness drives, quiz competitions, workshops on cloth bag making and ecobrick creation, awareness drives on recycling, poster making, and a nukkad natak. The events aimed to instill a sense of responsibility towards cleanliness and environmental sustainability.

NSS Day + Orientation (22.09.2023):

NSS Day was celebrated with orientation activities, games, the NSS anthem, and a pledge to give new recruits an insight into the NSS mission.

International Sign Language Day (27.09.2023):

A movie screening of "The Silent Child" was followed by a group discussion on learnings and opinions related to sign language, volunteers learnt to embrace sign languages and empathize with individuals facing disabilities.

World Environmental Health Day (29.09.2023):

A poster making competition on the theme- Solution For Plastic Pollution was organized to mark World Environmental Health Day.

Mental Health Week (09.10.2023 - 13.10.2023):

Activities included a mandala art workshop, an art therapy seminar, and a movie screening of "Act Normal" with an open discussion, exploring depths of mental health and fostering a community of support and understanding.

Blood Donation (18.10.2023 - 19.10.2023):

Awareness sessions by Blood Connect and online sessions by NSS volunteers with offline awareness drives on every floor classroom-to-classroom, were followed by a blood donation camp, emphasizing the importance of voluntary blood donation.

Khadi Mahotsav (16.10.2023 - 29.10.2023):

Events included an E-pledge for Khadi Mahotsav and a documentary screening, promoting the significance of Khadi.

Fit India (12.10.2023 - 24.10.2023):

Activities encompassed a plog run at Lodhi Garden, cleanliness drives in the college campus, and a plog run in the college periphery, encouraging fitness and cleanliness.

Special Campaign 3.0 (16.10.2023 - 26.10.2023):

Activities comprised a cleanliness drive, awareness drive on personal hygiene, poster making competition on the importance of cleanliness, awareness drive on disease prevention, and a swachhta pledge with an awareness rally.

Unity Day (30.10.2023 - 31.10.2023):

Events included a group discussion on national unity, a pledge-taking ceremony, and a slogan writing competition to celebrate Unity Day.

The team is thankful to **Prof. Sandra Joseph**, the Principal, Jesus and Mary College, University of Delhi, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R, Dr. Bhumika Kapoor, Ms. Anu Singh Deswal, and Ms. Betina Abraham** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards,

National Service Scheme
Jesus and Mary College